



# SEE BEYOND™

*Live. Love. Inspire.*

An avant-garde, motivational magazine designed to encourage risks, despite fear; to inspire journeys, over destinations; and to share the stories that got us there

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# ABOUT US

INSPIRING ASPIRATIONS

*See Beyond Magazine* values every upcoming generation and relishes watching it evolve into leadership positions in personal, professional, religious, and political life. It is the innate duty of all bodies of influence to help future leaders prepare for this great responsibility, by guiding them to develop character, resilience, honor, bravery, and great compassion.

We publish beginners and professionals, who write about profound and sometimes amusing personal experiences and observations that encourage introspection, wellbeing, and growth.

Write for us!

<https://www.seebeyondmag.com/write-for-us/>

**DR. AURA IMBARUS**  
**FOUNDER, MARKETING AND PR DIRECTOR**



Dr. Aura Imbarus is an awarded educator, freelance journalist, motivational speaker, and author of the critically acclaimed Amazon best-seller and Pulitzer Prize entry, *Out of the Transylvania Night: A Story of Tyranny, Freedom, Love and Identity*, a memoir detailing her life in Romania during the Communist regime and the self-help book, Reader's Favorite and 2020 Best Book Awards Finalist, *Conversations with the Past*.

She is the Founder of **See Beyond the Hill**, a special events company focusing on women's empowerment, cultural endeavors, and diplomatic missions.

Dr. Imbarus has a BA in Foreign Languages, an MA in American and British Studies, and a PhD in World Humanities, cum laude. She is a licensed hypnotherapist, having trained with Dr. Brian Weiss and Dr. Wanita Holmes.

Dr. Imbarus has been featured on NBC, ABC, CNBC, *Good Morning San Diego*, Forbes Romania, etc.

“No matter how hard this moment is, seeing beyond it can shed light on the bigger purpose of life, understanding that there are always multiple perspectives in every story.

Reasons, lessons, and outcomes are always deeply interwoven.

We often have to withstand the rain in order to enjoy the beauty of the rainbow.”

# STAFF...

## EDITOR-IN-CHIEF, EDITORIALIST



**Stefanie Elwood** is a retired high school and college English instructor, with a BA in English and an MA in English Literature, Composition and Rhetoric. She has taught in a variety of educational spaces, including professional development presentations for teachers. She is currently a free-lance writer, editor, and tutor. As the editor-in-chief for *See Beyond Magazine*, she gently guides articles from submission to publication. Stefanie also shares her passion and perspectives regarding Education.

“Be strong in your convictions, rather than explosive or ineffective”  
 (“Stand Your Ground” May 2023).

## SENIOR CREATIVE DIRECTOR

**Teodora Stanca** started working in the publishing industry as an editor. Embracing her love for desktop publishing, she attained great success collaborating with a variety of publishing companies, schools, theaters, and international theater and jazz festivals. Highly respected in this industry, Teodora became “the name” in key projects with Air France and Theatre d’Esch-sur-Alzette of Luxembourg. Teodora’s artistry, eye for detail and interpretation, accommodating and cooperative business style come together as she delivers amazing results for her clients.



“The beauty of art done well is the ultimate reward, which fills me with an overwhelming feeling of accomplishment.”

# ...STAFF

## ART DIRECTOR



**Rachel Goldberg** has an MA in psychology/ women’s studies. In private practice, she utilized cognitive restructuring techniques, worked as a therapist/psychiatric nurse, and taught Women’s Studies to the incarcerated. Rachel began telling powerful stories through digital art when she and her life partner, Michael Penn, moved to Florida. They opened Osceola 32 and introduced international artists to their community. She has enjoyed solo shows in Boston and the South of France.

“Art washes away from the soul the dust of everyday life” (Pablo Picasso).

## PHOTOGRAPHY DIRECTOR

**Nelida Dotan** has an MS in Geology and later became an oncology certified charge nurse. She credits her patients for teaching her to make each day meaningful. Nelida discovered the magnificence of photography while traveling. Her photos have been exhibited in Barcelona, Spain. She was frequently nominated as the photographer of the day in the famous international group Fotografos sens frontier from Brazil and has earned a variety of photography awards.



“My work is an invitation to experience the untainted magnificence of this world through my eyes.”

# EDITORIALISTS...



## BUSINESS LEADERSHIP

**Charmaine Hammond** has an MA in Conflict Management and Analysis and is a CSP™ Certified Speaking Professional. She has 5 best-selling books, is featured in magazines like *Inc.* and *Occupational Health & Safety Magazine* and on TV and radio. She runs Hammond International, Inc. and Raise a Dream Training & Consulting, Inc. Charmaine is an Executive Producer of the awarded, all-star animated movie, *Back Home Again*.

“During crisis, people react in different ways. Some get stuck. Some fight against it. Others take the situation as an opportunity to learn, grow, pivot. Sometimes we are the cow. Sometimes we are the buffalo” (“Be the Buffalo in the Storm” Nov 2022).

## CAREER AND CONNECTIONS

**Dave Ribble** has a degree in Business and Marketing. He authored *The Way of The Conscientious Connector* and developed the StandOut Mastery program with business partner and wife, Gaye. Dave loves to tell stories that highlight the human potential in all of us, drawing on experiences growing up in the Midwest, playing sports, being in bands, getting along with siblings, raising three kids, and spending over forty years in sales.



“Those who have had to start over, quite often, given a chance, turn into the solid career employees one only hopes to find. When that happens, *everyone* wins” (“Hungry Potential” May 2023).



## CLARITY AND INTUITION

**Penney Peirce** is an accurate clairvoyant-empath and visionary. She is a popular author, lecturer, counselor, and trainer, specializing in intuition, energy dynamics, expanded perception, personal transformation, and dreamwork. She coaches business and government leaders, psychologists, scientists, and celebrities. Her work is open-minded, practical, sophisticated, synthesizing cultural and spiritual worldviews with many years of business experience. Her 11 books include *The Intuitive Way*, *Frequency*, *Leap of Perception*, and *Transparency*.

“Don’t take [criticism] all the way into your private, inner sanctum and turn it into a wounding sword” (“Criticism: Helpful or Harmful?” Nov 2022).

# ...EDITORIALISTS...



## DISABILITIES ADVOCACY

**Chris Cofer** earned his certificate in Computer IT and Networking from Laurus College and studied photography at Southern California Regional Occupational Center. He was diagnosed with Cerebral Palsy, but his only unrealized goal was to be a U.S. Marine. Chris is a prolific poet, who writes “to calm the beast inside” and reach the masses. He passionately advocates for disabilities awareness.

“Dear Porsche – Thank you for turning my blood to octane for a few hours!  
This man with a disability was a racer for a day!!”  
 (“Holy Horsepower! This Was Fun!!!” Jan 2023).

## HEALTH AND FITNESS

**Corry Matthews** is a champion health coach and retired IFBB Pro athlete. She leverages her background and education in Sports Medicine, Exercise Physiology, and 10+ certifications in nutrition and exercise science into her coaching and writing. She co-authored *9 Months In, 9 Months Out*. Corry’s Hormone Solution helps women lose weight and keep it off.



“Treat yourself! Meet up with friends or someone special. Sit back, put your phone away and be truly present. This will allow you to decompress and escape the busy”  
 (“Bring on the Party!” Nov 2023).



## PERSONAL POWER

**René Johnson** is an ICF accredited, certified empowerment coach, a graduate of IPEC, an internationally recognized motivational speaker, and a nationally awarded leadership development consultant/trainer for corporate, private, and non-profit communities. She wrote *Leaving Your Comfort Zone* and is CEO of Power Zone Coaching. Her Power Zone Principles™ help people activate their Power Zones to achieve goals and develop influence.

“Patriotism doesn’t have to burn brief and bright and then fade until the next holiday. Nor does it mean that our country is perfect. True patriotism inspires us to improve”  
 (“Unfurling Patriotism” July 2022).

# ...EDITORIALISTS



## PROFESSIONAL AND LEISURE LIFE

**Stacey Marie** is a business leader/owner/coach/author. As a radio host, she has interviewed celebrities, entrepreneurs and developed a communications coaching business. She served as media consultant and publicist for Gubernatorial candidates. Her company, Elevated Connections Agency LLC, helps businesses succeed through connections. Stacey shares business coaching strategies in her recent book: *Can We Connect?! The Ultimate Guide to Being an Effective Connector*. She also hosts innovative monthly metaverse networking events.

“Tabletop gamers spend a lot of time on Kickstarter, backing a company that has a new boardgame that customers want published”  
 (“Boardgames: Always a Spot for You!” March 2023)

## PSYCHOLOGY

**Shandy Melson** (MS, NCC, LCPC, LCADC-S) is a licensed clinical counselor as well as a licensed clinical alcohol and drug counselor supervisor. Shandy is pursuing a Doctor of Behavioral Health degree, which will allow him to help transform the healthcare industry toward integrated healthcare. He contracts and consults with various agencies to treat clients with addiction, trauma-related disorders, and mood-disorders.



“This field is exciting and rewarding for many reasons, not the least of which is seeing how people take control of their lives and manage to improve their wellness, relationships, and ability to function in society” (“Addiction: Surprisingly Common and Complex” Nov 2022).



## WOMEN’S ISSUES

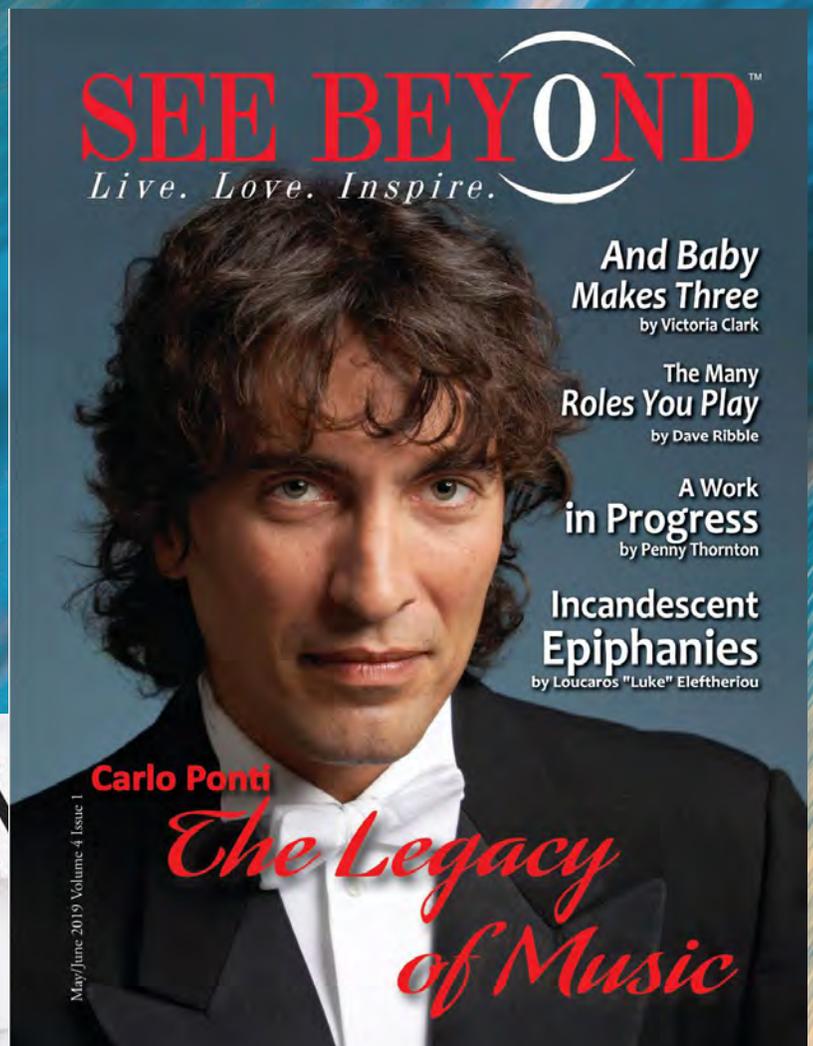
**Victoria McAdams** is a mental health professional, specializing in women’s counseling. She has an MA in Clinical Mental Health Counseling and is an NASM certified wellness coach. She is certified in women’s fitness, perinatal fitness and wellness. She is a certified birth doula and postpartum doula. Victoria specializes in articles that help women and mothers navigate relationships, motherhood, and pregnancy/postpartum. She shares all aspects of life as she navigates it.

“All of us will cross paths with people who choose to dislike us, people who choose to think the worst of us, and those who don’t give us the benefit of the doubt when they think we’ve wronged them. It’s impossible to make everyone happy, and that is okay. It has to be” (“Not Just a Walk in the Park” May 2021)

# COVERS OF NOTE...



# ...COVERS OF NOTE



# YOUNG AUTHORS...

**SEE BEYOND™**  
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**Fall FORWARD with Wellness**  
*By Corry Matthews*

**When the Sky Has NO limit**  
*By René Johnson*

**Is It LOVE or ADDICTION?**  
*By Donna Marks*

**From Bullied to BRAVE**  
*By Shayan Patel*

**How Bon Iver Saved My LIFE**  
*By Radley Druillard*

**Dominique Ilie**  
***It All Begins with a Beat***

September/October 2022 Volume 7 Issue 3

**SEE BEYOND™**  
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**A GIFT of RESILIENCY**  
*By Myrna Clayton*

**STAYING POSITIVE CAN BE HARMFUL**  
*By Lisa Berzack*

**INFUSING JOY INTO EVERYTHING**  
*By Tammy Mastrobete*

**CHEATERS SOMETIMES PROSPER**  
*By Stefanie Elwood*

**Jenna Gaudet**  
**A TEEN ENTREPRENEUR AND FLUTTERING HOPE**

September/October 2021 Volume 6 Issue 3

**SEE BEYOND™**  
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**Never Knowing Is the Scariest Part**

**When the Rubber Hits the Asphalt**

**I'm so Terrified It's Exciting**

**Quitters Might Still Prosper**

**I HOPE SOMETHING GOES WRONG**

**Special Guest Contributor:**  
**Bruce H. Lipton, Ph.D.**  
**The Future of Medicine**

August 2017 Volume 2 Issue 3

**SEE BEYOND™**  
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**GPS Your New Year and Dump the Junk in the Trunk!**

**Monstrous Inspiration: Stories Can Be Teachers, Too**

**Familiar Strangers: Alien in My Own Home**

**Elena Bonvicini**  
**HIGH SCHOOL: A BREEDING GROUND FOR PROFIT**

January 2017 Volume 1 Issue 3

# ...YOUNG AUTHORS...

## TAKEN AWAY, AGAIN

By Ilze Madeiros, Jan/Feb 2023

<https://www.seebeyondmag.com/taken-away-again/>



“I am Ilze Marie Madeiros, but that wasn’t always my name. I used to be Ilze Janstovica. My story goes back to April 17, 2006 in a small European country called Latvia. I lived in a very violent, alcoholic family.



“Despite how dark and painful the past has been, it’s important not to give up hope. There were times that I wanted to die. But then I would never have found the family I was meant to have.”

## ADOLESCENT CONFORMITY AND GROUPTHINK ON SOCIAL MEDIA

By Lily Tun-Brown, Nov/Dec 2022

<https://www.seebeyondmag.com/adolescent-conformity-and-groupthink-on-social-media/>



“As modern social media platforms dominate adolescent lifestyle, digital spaces have surpassed in-person ones for interpersonal communication. These platforms accelerate popular culture and adolescent trends more quickly than ever. People naturally strive to achieve

collective effervescence—the feeling of connection when a community promotes a synchronous action or collective idea—by establishing conformity, even if this negatively impacts diversity (Gelfand 2020).”



# ...YOUNG AUTHORS

## WE CAN DO BETTER

By Nick Weaver, Sept/Oct 2021

<https://www.seebeyondmag.com/we-can-do-better/>



“I have found an approach and outlook that has kept me from falling off the edge of sanity. When I see the arguments online and the posts that condemn opinions I hold, I shrug it off, laugh at how the most minute issue or problem irks people to hysterical defensiveness.

“We all should be able to say what we believe in a respectful, calm, and coherent manner that allows others to agree or disagree, also respectfully. And that should be the end of it. No screaming matches, no condemning a person’s character or reputation.”

## DOMINOS

By Sarah Walker, Sept/Oct 2022

<https://www.seebeyondmag.com/dominos/>



“I took a deep breath, tapping the side of my keyboard nervously, wondering if I was about to make the best decision of my life or a horrible mistake.

“With one push of a domino, they all came tumbling down, leading me in a new, fresh direction. I told my family about my change of heart, changed my college applications, started to research careers in illustration, found where I might go and what I might be.”





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## ADVERTISE WITH US!

**Magazine, one edition  
(two months)**

1 page — \$500  
1/2 page — \$250  
1/3 page — \$100

**Magazine and website banner  
(two months)**

1 page — \$1,000  
1/2 page — \$500  
1/3 page — \$250

**Magazine, website banner and  
social media (two months)**

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1/3 page — \$450

**Bimonthly Motivational Magazine  
60 pages — Online and in print**

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**See Beyond Magazine Art**

<https://www.facebook.com/search/top?q=see%20beyond%20magazine%20art>

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